

## SHAKES & SMOOTHIES

Shakes Milk, Ice Cream	5.70
Smoothies Juice, Yogurt, Banana	5.70

### FLAVORS TO CHOOSE FROM

Chocolate Vanilla Strawberry Blackberry Watermelon  
Orange Papaya Peach Espresso Coconut-Pineapple

## CHILLED COFFEE DRINKS

	16 oz	24 oz
Iced Latte	4.50	5.10
Espresso, Milk		
Iced Mocha (Over Ice or Blended)	4.80	5.28
Espresso, Milk, Chocolate, Whipped Cream		
Iced White Mocha (Over Ice or Blended)	4.80	5.28
Espresso, Milk, White Chocolate, Whipped Cream		
Iced Coffee	2.40	3.00
Iced Chai	4.50	5.10

## CONTINENTAL BREAKFAST

All bakery items are baked fresh daily.

### BREADS & ROLLS

6.30

Seven Grain Capitola Sour Dough Heidelberg Rye Jewish Egg  
Westphalian Pumpernickel  
Ciabatta / Baguette 3.00 Soft French Roll .66  
Cinnamon Raisin ~ Made to Order 5.10  
Dr. Snyder (Seven Grain with Walnuts, Raisins & Honey) 6.90

### BAGELS, TOAST & BURRITO

1.56

Blueberry Onion Bacon & Cheddar Cinnamon-Raisin  
Sesame Jalapeno & Cheddar Water Bagel  
Add Butter .36 Add Cream Cheese .36 Add Bacon .30

Toast with Butter and/or Jelly	1.80
Breakfast Burrito	3.85
Breakfast Burrito with Bacon or Sausage	5.10

### PASTRIES

Cinnamon Roll	3.00
Blueberry Streusel	2.82
Cinnamon Cream Cake	2.82
Brownie	2.70
Scone, Apple Turnover, Palm Leaf	2.10
Bobbee	2.70

### CROISSANTS

All Butter	3.00
Fruit Filled	2.70
Fruit & Cream Cheese	2.70
Almond, Chocolate	3.00
Spinach and Feta Cheese	3.85
Ham & Cheese	3.85
Scrambled Eggs & Cheese	3.85
Ham, Egg & Cheese	5.70

### DANISH \$2.70

Bear Claw Fruit Poppy Seed Almond Cheese

### MUFFINS \$2.70

Banana Walnut Sour Cream Blueberry Carrot  
Marble Chocolate Almond-Poppy Seed Honey Bran

### FINE PASTRIES

Eclair Fruit Tart Napoleon Cream Puff Tiramisu  
Creme Brulee Cream Puff  
(Prices Upon Request)

## COOKIES

Checker Chocolate Chip Butter Holiday  
Peanut Butter Oatmeal Raisin Ellie Cookies

Chocolate Chip-Walnut Oatmeal Raisin-Walnut  
1.14

White Chocolate Macadamia Chocolate Macaroon  
Raspberry Filled Black & White  
1.50

### FANCY COOKIES \$2.22

Chocolate Apricot Raspberry Heart

### BOXED COOKIES

European Cookies 7.14 per box  
Dozen Traditional Cookie Combination 11.76

### BARs \$2.82

Caramel Apple Brownie Pecan Chocolate Crunch  
Lemon Rocky Road Rice Krispy Raspberry Rhubarb

## ESPRESSO & COFFEE BAR

	SINGLE	DOUBLE	TRIPLE
	12 oz	16 oz	20 oz
Drip Coffee	1.80	2.10	2.40
Espresso	1.80	2.40	3.00
Americano (Café Lungo)	2.70	3.12	3.54
Espresso with Hot Water			
Red Eye	2.70	3.60	4.20
Espresso with Coffee			
Caffe Con Panna	2.34	2.94	3.54
Espresso Topped with Whipped Cream			
Machiata	2.40	2.94	3.54
Espresso Topped with Foamed Milk			
Cappuccino	3.18	4.20	4.74
Espresso served with a Layer of Frothed Milk and Foam			
Café Latte	3.18	4.20	4.74
Espresso diluted with Steamed Milk and a little Foam			
Café Mocha	3.85	4.62	5.10
Espresso, Chocolate, Hot Milk, Whipped Cream			
White Chocolate Mocha	3.85	4.62	5.10
Espresso, White Chocolate, Hot Milk, Whipped Cream			
Hot Tea, Choice of Tea Bag	2.10		
Hot Chocolate With Whipped Cream		3.00	

### EXTRAS

Addn'l. Shot .78 Syrup .48 Whipped Cream .48

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Menu Items and Prices subject to change with out notice.  
Some pastries may contain walnuts or other nuts.*

# LOVEBIRDS



## CAFE & BAKERY

At Lovebirds Cafe & Bakery  
our day starts the night before  
so that we may bring you the  
highest quality, all-natural,  
freshest food possible.

*"Because of our customers,  
we exist since 1984"*

♥ PASADENA ♥  
CONVENTION CENTER  
300 Green St.

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## CUSTOM SANDWICHES

**Choice of Bread:** Seven Grain Capitola Sour Dough Heidelberg Rye Jewish Egg Westphalian Pumpernickel Soft French Roll Wrap  
Ciabatta Baguette Bagel Pita All Butter Croissant (add \$1.20) Whole Wheat Dr. Snyder (Seven Grain with Walnuts, Raisins & Honey)

**Choice of Cheese:** Swiss Provolone Sharp Cheddar Monterey Jack Pepper Jack American **Add:** .30 TO HALF .48 TO REGULAR .72 TO LARGE

*All Sandwiches Include: Mayo, Lettuce and Tomato, unless specified*

### LIGHT & REFRESHING

	REGULAR	LARGE	HALF
Turkey Breast	7.14	9.54	5.82
Smoked Turkey	7.14	9.54	5.82
Roast Beef	7.14	9.54	5.82
Black Forest Ham	7.14	9.54	5.82
Corned Beef	7.14	9.54	5.82
Capicola	7.14	9.54	5.82
Mortadella	7.14	9.54	5.82
Italian Salami	7.14	9.54	5.82
Caesar Chicken	7.86	10.26	5.82
Olovieh (Russian Chicken Salad)	7.86	10.26	5.82
<i>Chicken, potato, hard boiled egg, mayo, salt and pepper.</i>			
Chicken Salad	7.86	10.26	5.94
<i>Chicken, Mayo, Grapes, Salt, Black Pepper, Celery, Red Onions</i>			
Vermont Turkey	7.86	10.26	5.94
<i>Turkey, Apple Slices, Cheddar Cheese, Lettuce, Mayo, Dijon</i>			
Famous Tuna	7.86	10.26	5.94
<i>Solid White Albacore in water</i>			
Wasabi Tuna	7.86	10.26	5.94
<i>Wasabi, Rice Vinegar, Celery, Red Pepper, Red Onion, Spices</i>			
Famous Tuna & Egg Salad	8.70	11.11	6.30
Smoked Salmon	9.90		
<i>Cream Cheese, Tomato, Capers, Red Onion</i>			
Egg Salad	6.42	7.68	5.22

### HOT & DELICIOUS

BBQ Chicken	8.34	9.54	5.94
<i>Chicken, bbq sauce, tomato, onion</i>			
Curry Chicken	8.34	9.54	5.94
<i>Chicken, curry sauce, tomato, onion</i>			
B.L.T.	7.62	9.42	5.76
<i>Bacon, Lettuce, Tomato, Mayo</i>			
Paul's Roast Beef	8.34	9.54	5.70
<i>Hot Roast Beef and Pepper Jack Cheese on a Baguette</i>			
Meat Loaf	7.14	9.42	5.76
Meat Ball	7.50	9.54	5.94
<i>Marinara Sauce, Provolone Cheese</i>			
Classic Reuben	7.86	9.54	5.94
<i>Hot corned beef, 1000 Island Dressing, Swiss Cheese and Sour Krout on Toasted Rye</i>			
Chicken Breast	7.86	9.42	5.94
Pastrami	6.96	9.24	5.70
<i>Mustard and Pickles</i>			
Chicken Parmesan	8.34	9.54	5.94
<i>Marinara Sauce, Chicken Breast, Parmesan Cheese</i>			

### AVOCADO LOVERS

Avocado, BLT	8.28	9.54	5.94
Avocado, Turkey	8.28	9.54	5.94
Avocado, Ham	8.28	9.54	5.94
Avocado, Roast Beef	8.28	9.54	5.94
Avocado, Tuna	9.30	10.74	6.66
Avocado, Turkey, Ham	9.54	10.74	6.66
Avocado, Turkey, Bacon	9.54	10.74	6.66

### DOUBLE YOUR PLEASURE

	REGULAR	LARGE	HALF
Turkey, Black Forest Ham	8.34	10.14	5.88
Turkey, Roast Beef	8.34	10.14	5.88
Roast Beef, Black Forest Ham	8.34	10.14	5.88
Salami, Black Forest Ham	8.34	10.14	5.88

### VEGETARIAN

Red & Green Combo	6.90	7.68	5.28
<i>Avocado, Lettuce, Tomato, Cucumber, Sprouts</i>			
Love That Basil	7.50	9.30	5.40
<i>Spring Mix, Tomato, Avocado, Provolone &amp; Our Basil Sauce</i>			
Garden Burger	7.50	9.30	5.94
<i>Lettuce, Tomato, Mayo, Mustard</i>			
Frankie's 3 Cheese	5.82		4.80
<i>Provolone, Cheddar, Swiss, Avocado, Tomato, Mayo</i>			
Peanut Butter & Jelly	4.62		
Vegetarian MeatBall	7.50	9.30	5.70
Vegetarian Turkey	7.50	9.30	5.70

### LOVEBIRDS SPECIALTIES

Thanksgiving Turkey	7.86	9.54	5.82
<i>Hot Turkey, Mayo, Lettuce, Tomato, Stuffing, Cranberry Sauce on the side</i>			
California Sub		LARGE	HALF
		9.90	6.54
<i>Turkey, Roast Beef, Ham, Provolone, Cheddar</i>			
Italian Sub		9.90	6.54
<i>Salami, Mortadella, Ham, Provolone, Italian Dressing on Ciabatta</i>			
Hank's Favorite		9.90	6.54
<i>Avocado, Bacon and Tuna on egg bread</i>			
Tom's Cobb Pocket		9.90	6.54
<i>Iceberg Lettuce, Chicken Breast, Avocado, Boiled Egg, Bleu Cheese, Bacon in a Pita</i>			
Muffuletta		9.90	6.54
<i>Turkey, Ham, Hard Boiled Egg, Cream Cheese</i>			

### SIDE DISHES & EXTRAS

Hot Air Fries	2.34	Bacon 3 STRIPS	2.70
Potato Chips	1.20	Meat 2 oz	2.34
Macaroni Salad	2.10	Scoop of Tuna	4.74
Potato Salad	2.10	Scoop of Olovieh	4.62
California Pasta	2.34	Scoop of Egg Salad	4.20
Avocado	2.10	Chicken Breast 2 oz	2.94

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## SALADS

*All Salads include Green Leaf Lettuce, Tomato & Cucumber, unless specified.*

### Choice of Dressing

House Vinaigrette	Bleu Cheese	Low-Cal Italian		
Lo-Cal Ranch	Honey Dijon	Thousand Island	Greek	Caesar
<i>To Split Any Salad Please Add \$1.80</i>				

	LARGE	HALF
Famous Tuna Salad	11.94	9.54
Filet of Tuna Solid White Albacore (Dry)	11.94	9.54
Olovieh (Russian Chicken Salad)	11.94	9.54
<i>Chicken, potato, hard boiled egg, mayo, salt and pepper.</i>		
Tuna & Chicken Salad One scoop of each	14.34	11.94
Tuna & Egg Salad One scoop of each	13.14	10.74
Triple Decker	15.54	13.14
<i>Three scoops: Tuna, Olovieh, Egg Salad</i>		
Hot Chicken Breast	11.94	9.54
Caesar Salad	11.70	8.10
Chicken Caesar Salad	11.94	9.54
Chicken Salad	11.94	9.54
<i>Chicken, Mayo, Grapes, Salt, Black Pepper, Celery, Red Onions</i>		
Chinese Chicken Salad	13.14	10.74
<i>Spring Mix, Shredded Cabbage, Carrots, Water Chestnuts, Mandarin Oranges, Chow Mein Noodles, Chicken Breast with Roasted Sesame Dressing</i>		
Chef Salad Turkey, Ham, Provolone, Cheddar	13.14	10.74
Chopped Turkey Salad	13.14	10.74
<i>Turkey, Provolone, Cheddar</i>		
Settler's Salad Turkey, Ham, Cheese,	14.34	11.94
<i>Broccoli, Cauliflower, Carrots, Hard-Boiled Egg</i>		
Cobb Salad	14.34	11.94
<i>Lettuce, Chicken Breast, Avocado, Boiled Egg, Bleu Cheese, Bacon</i>		
Red & Green with Avocado		7.50
Bijan's Greek Salad	10.74	8.34
<i>Lettuce, Red Onion, Bell Pepper, Black Olives, with Feta Cheese</i>		
Spinach Salad Spinach Leaves, Bacon,	11.94	9.54
<i>Mushrooms, Red Onion, Hard Boiled Egg</i>		
Assortment of Fresh Fruit ~ Small / Large	5.94 /	8.34
Vegetables ~ Small / Large	5.94 /	8.34
<i>Freshly Cut Vegetables with Ranch Dressing</i>		
Fruit & Vegetables ~ Small / Large	5.94 /	8.34

## SOUPS

	SMALL	MEDIUM	LARGE
Soups of the Day	3.85	5.10	6.00
MONDAY ~ Country Potato, Chicken Vegetable Noodle, Tomato Bisque			
TUESDAY ~ Cream of Broccoli, Chicken Vegetable Noodle, Meat Chili			
WEDNESDAY ~ Country Potato, Chicken Gumbo, Tomato Bisque			
THURSDAY ~ Cream of Broccoli, Chicken Vegetable Noodle, Beef Barley			
FRIDAY ~ Clam Chowder, Chicken Vegetable Noodle, Vegetarian Chili			
SATURDAY ~ Manager's Choice			

## REFRESHING DRINKS

Fresh Squeezed Lemonade (No Sugar Added Avail.)	3.00
Strawberry Lemonade (No Sugar Added Avail.)	3.00
Fountain Soda	2.34
Brewed Iced Tea/Tropical Iced Tea	2.34
Aloe Juices	1.80
Bottled Root Beer, Cream Soda, Orange Soda	2.34
Voss Water	2.10
Bottled Apple Juice/Orange Juice	2.40
Milk	2.34
Canned Soda	1.50

## FRESH & PRE-SQUEEZED JUICES

	REGULAR	LARGE
Just Juices	3.42	4.20
<i>Orange Apple Watermelon Blackberry Strawberry</i>		
<i>Papaya Peach Coconut-Pineapple Blueberry Pineapple</i>		
<i>(Some juices may not be available at all times)</i>		
Carrot	3.42	4.20
Hawaiian Berry	3.42	4.20
<i>Coco-Pine, Blackberry, Strawberry</i>		
Papa Special	3.42	4.20
<i>Coco-Pine, Orange</i>		
Tropical	3.42	4.20
<i>Coconut-Pineapple, Papaya</i>		
"U" Choose	3.42	4.20
<i>Your Choice of 2 Juices</i>		

## NUTRITIONAL DRINKS

Island Call	4.74
<i>Coconut-Pineapple Juice, Papaya Juice, Ice Cream Banana, Honey, Protein</i>	
A.M. L.A.	4.74
<i>Orange Juice, Ice Cream Banana, Honey, Protein</i>	
Triple Fruit	4.74
<i>Papaya Juice, Ice Cream Banana, Strawberries, Protein</i>	
Tropical Delight	4.74
<i>Coconut-Pineapple Juice, Ice Cream Banana, Strawberries, Honey, Protein</i>	
Papaya Energizer	4.74
<i>Papaya Juice, Ice Cream, Strawberries, Protein</i>	
Peach Pizazz	5.10
<i>Peach Juice, Banana, Peaches, Ice Cream, Honey, Protein</i>	
Strawberry Flair	5.10
<i>Strawberry Juice, Banana, Strawberries, Ice Cream, Honey, Protein</i>	
Arnold Schwarzenberry	5.10
<i>Blackberry Juice, Banana, Ice Cream, Honey, Protein</i>	
Tropical Banana Whip	5.10
<i>Coconut-Pineapple, Papaya Juice, 2 Bananas, Ice Cream, Protein</i>	
Super Weight Gainer	5.10
<i>Whole Milk, 2 Bananas, Ice Cream, Honey, Protein</i>	
<i>(Non-fat yogurt may be substituted for ice cream)</i>	